



# Celebrating our Landscape in association with the IW Ramblers

*This is the first in a series of 11 walks to celebrate the 50th anniversary of the Area of Outstanding Natural Beauty on the Island.*



Isle of Wight  
area of outstanding  
natural beauty

**Landscape:** Cliffs of gravel and clay that are unstable due to the action of the sea affecting the underlying geology. There is a lack of development in these areas and access can be made along the coastal path

**Description:** A walk through woodland and to a creek and on along the coast

**Distance:** 5.2 miles

**Start:** Public car park (free) at the recycling centre next to the Horse and Groom pub (a Walker Friendly Pub) at Ningwood.

**Access Information:** Level footpaths which can be very wet and muddy. Also along many well surfaced tracks.

**Refreshments:** Horse and Groom pub

**Toilets:** Patrons of pub.

**Route:** From the car park (1), take footpath S9 and cross a stile. Go right and then left along a field edge with a hedge on your left. Go over a stile into a copse leading to a bridge over a stream. Here go right (2) to

follow the stream bank. Cross a stile into a copse and follow the path to another stile. Follow the waymarked grass path right and then left. Go over a stile into woodland and follow the path which meanders to a track S27. Go left passing Pigeon Coo and then turn right onto the Hamstead Trail S28 (3). Pass Creek Farm and the creek on the right. At a 6 bar metal gate continue on the footpath.

At the creek (4) turn left onto S3, part of the coastal path and Hamstead Trail, on a grassy path following the edge of the creek on boardwalks and over a stile. Follow the footpath signs and walk along a field edge. Then cross a stile in the hedge and continue half right across a field to a hedge gap and stile. Cross the boardwalk to a fenced path and down steps to the beach (5) at Hamstead Foreshore

Follow the coastal path left along the beach onto a grass path passing a memorial. Then a gravel track leads to Hamstead Farm with a stile by a 5 bar white gate. Go through farm buildings following the track and then continue on the coastal path towards Yarmouth (6). Go across a field, a stile and another field to reach a small

squeeze gap by a metal gate. Go over a field and after a stile follow the path left passing a telegraph post. The leave the coastal path and follow path S4 (7). Follow the track and at a black wooden house, continue straight ahead on an unmarked path with a hedge on the right.

At a kissing gate in the corner of the field, go into woodland. Follow the main path which winds through the wood. Go through a series of kissing gates and the path widens to reach a track. Go left passing Ningwood Common and, at a junction, turn right past houses and turn left onto S9 towards Ningwood (8). Go through the copse and over a stile into a field. Follow the path half left across a field to a stile by a 6 bar metal gate. Go through a hedge gap with a stile. Go straight across the field. At the bottom of the field, cross the stream and footbridge. Return through woodland to a stile into a field with a hedge on the right. Follow the hedge to the corner and turn right to a stile. Go left to the car park.

**GPS Users:** Waypoints for this walk can be found at our web site: <http://www.iowramblers.com/page5>. All walks in this series can be downloaded from this web-site.

